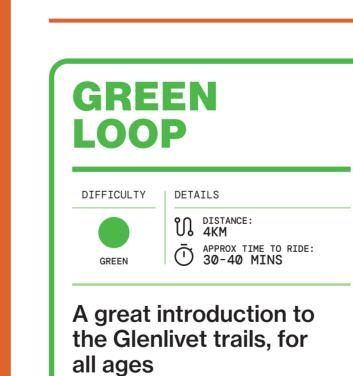


## TRAIL LOOP GUIDE



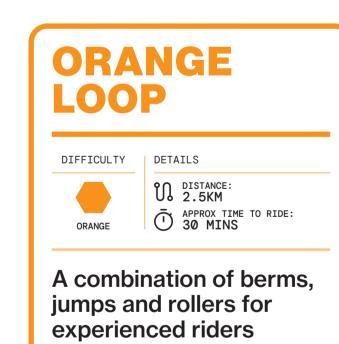


to intermediate riders





optional black features



## **MAPKEY**

——— PUMP TRACK SKILLS AREA BLUE SKILLS AREA RED BLUE TRAIL

---- BLUE CLIMB ---- RED TRAIL ----- RED CLIMB ----- BLACK TRAIL

——— FIRE ROAD >>>>>> TRAIL DIRECTION ROAD

---- ORANGE TRAIL

RIVER WOODLAND

POST NUMBERS

△ EMERGENCY INFO PARKING O BIKE WASH INFORMATION

TOILETS CAFE/REFRESHMENTS ※ SUMMIT

uneven or muddy at times.

Relatively flat, wide and smooth trails, Climbs and descents are mostly shallow gradients and may include mellow rollers and berms with easily avoidable features such as rocks and potholes. The trail surface might be loose,

**TRAIL GRADING** 

A mixture of climbs and A mixture of steep climbs and descents of typically moderate descents and/or avoidable gradients. Technical features features, larger rollable features with controlled like tree roots and rock steps, jumps and berms. Rollable speed, jumps and berms, and technical features such as features with controlled speed. tree roots, drop-offs & large Expect variable trail surfaces. rocks. Expect very variable trail surfaces.



Commitment required: long steep climbs, descents, jumps, numerous hazards including drop-offs, sharp corners and difficult features. Expect a rapid rate of surface change.



A combination of jumps, rollers and berms. A high level of skill and commitment is required to clear the jumps. Any gap jumps are clearly signed. Consistent trail surface.



with hand tools, removing the surface layer of vegetation short sections of technical, often steep, downhill trail. Expect a variety of terrain from mud to roots. Conditions will be significantly affected by the weather.

## **EMERGENCY INFO**

In case of emergency, dial 999. If you need to contact the emergency services, give your location and the number of the nearest waymarker post.

Our Grid Reference at the cafe is: NJ 158 226

Our address is: Glenlivet Bike Trails, Kirkmichael, Tomintoul, **AB37 9AR** 

The nearest hospital (A&E), 35 miles north: Dr Gray's Hospital, Elgin, IV30 1SN Tel: 0345 456 6000

## **SUPPORTED BY**











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